Preparing Your EBP Abstract for
EBP AND NURSING RESEARCH:
INFUSING INNOVATION TO TRANSFORM PRACTICE
March 24, 2017

Date to Remember: November 28, 2016 is the DEADLINE for submitting abstracts. Abstracts will not be accepted after this date.

Review the Call for Abstracts for particulars of the online submission process

Constructing Your EVIDENCE-BASED PRACTICE (EBP) Abstract

All EBP abstracts must have the following headings:
1. **Background**: What is the overall state of this problem? What patient population will be affected? Why is your question important?
2. **Practice Question**: State the question guiding the evidence search
3. **EBP Model**: What EBP model are you using?
4. **Synthesis of Evidence**: How did you identify the evidence? What is the strength and quality of the evidence? Has your problem been studied?
5. **Practice recommendations**: What does the evidence suggest should be done to address the problem?
6. **Practice changes planned/made (if applicable)**: How will you or how did you put the evidence into action to benefit patient/staff/institution?
7. **Results (if applicable)**: Describe the outcomes/metrics that informed the success of your project. How will you sustain these results and spread the practice change?

An EBP project that is not implemented is required to include # 1-5 above.
An EBP project that is implemented using a translation model or quality improvement/performance improvement methodology must include steps # 1 – 7.

If you have any questions about these requirements, please contact
Dr. Barbara Buchko, Director of EBP and Nursing Research for WellSpan Health at bbuchko@wellspan.org or 717-851-2434
A Few Hints

Title: Say it convincingly!
- Descriptive – but <10 words
- Compelling – why should I read abstract?
- Accurate – limit to what is in abstract

Length: Say it succinctly!
- Abstract length ≤ 300 words. The “average” sentence has about 15 words; therefore, you have about 20 sentences to construct
  - Background: 1-2 sentences
  - Practice Question: 1-2 sentences
  - Model/Evidence: 4-6 sentences
  - Recommendation/Practice Change: 4-6 sentences
  - Results (if applicable) – 2-4 sentences

The Background and Practice Question sections should be brief. Pace yourself for the Evidence and Recommendations, as this is where you will want to concentrate most of your word allowance.

Writing: Say it stylishly!
- Remember the 4 Cs of abstract writing
  - Complete — cover the major parts of the project
  - Concise — no excess wordiness or unnecessary information.
  - Clear — readable, well organized, and jargon free.
  - Cohesive — flows smoothly and logically to and from each part.

- Edit, edit , edit
  - Have a friend or mentor read your rough draft and offer suggestions
  - Don’t exceed specified length
  - Use abbreviations sparingly
  - Proofread carefully

Congratulations yourself for taking the initiative to write and submit an abstract for Collaborative EBP and Nursing Research Day 2017!