Preparing Your EBP Abstract for the
WellSpan Health Collaborative
EBP and Nursing Research Conference

Date to Remember: **December 12, 2024** is the **DEADLINE** for submitting abstracts. Abstracts will not be accepted after this date.

Review the Call for Abstracts for specific information about the online submission process. Failure to adhere to word count limit (maximum 300 words) and failure to utilize required headings will result in your abstract being rejected.

Constructing Your EVIDENCE-BASED PRACTICE (EBP) Abstract

All EBP abstracts must have the following headings:

1. **Background**: What is the overall state of this problem? What patient population will be affected? Why is your question important?
2. **Practice Question**: State the question guiding the evidence search
3. **EBP Model**: What EBP model are you using?
4. **Evidence Synthesis**: How did you identify the evidence? What is the strength and quality of the evidence? Has your problem been studied?
5. **Practice recommendations**: What does the evidence suggest should be done to address the problem?

Additional headings may include:

6. **Practice changes planned/made (if applicable)**: How will you or how did you put the evidence into action to benefit patient/staff/institution? What translation model did you use?
7. **Results (if applicable):** Describe the outcomes/metrics that informed the success of your project. How will you sustain these results and spread the practice change?

An EBP project that is not implemented is required to include # 1-5 above.

An EBP project that is implemented using a translation model or quality improvement/performance improvement methodology must include steps # 1 – 7.

If you have any questions about these requirements, please contact
Dr. Barbara Buchko, conference chair, at bbuchko@wellspan.org

A Few Helpful Hints

Title: Say it convincingly!
- ➢ Descriptive – but <10 words
- ➢ Compelling – why should I read abstract?
- ➢ Accurate – limit to what is in abstract

Length: Say it succinctly!
- ➢ Abstract length **cannot** exceed 300 words. The "average" sentence has about 15 words; therefore, you have about 20 sentences to construct
  - o Background: 1-2 sentences
  - o Practice question: 1-2 sentences
  - o EBP model: 1-2 sentences
  - o Evidence synthesis: 4-6 sentences
  - o Practice Recommendation: 4-6 sentences
  - o Practice Changes Planned/Made (if applicable): 2-4 sentences
  - o Results (if applicable) – 2-4 sentences

The Background and Practice Question sections should be brief. Pace yourself for the Evidence and Recommendations, as this is where you will want to concentrate most of your word allowance.

Do NOT identify your organization by name in the abstract. This is a blinded review to prevent bias by the review committee.

Writing: Say it stylishly!
- ➢ Remember the 4 Cs of abstract writing
  - o Complete — cover the major parts of the project
  - o Concise — no excess wordiness or unnecessary information.
  - o Clear — readable, well organized, and jargon free.
  - o Cohesive — flows smoothly and logically to and from each part.

- ➢ Edit, edit, edit
  - o Have a friend or mentor read your rough draft and offer suggestions
  - o Don't exceed specified length
  - o Use abbreviations sparingly
  - o Proofread carefully

Congratulate yourself for taking the initiative to write and submit an abstract for the WellSpan Health Collaborative EBP and Nursing Research Conference!